

First Aid Saves Lives

Be First On Scene

Medical research has found that the first **4 minutes** after a heart stoppage could make the difference between life and death. Performing CPR and AED defibrillation during this **prime time for rescue** greatly increases a patient's chance of survival.

Join us in being First On Scene!



1
When someone's heart stops, call 119 for help



2
Launch the First On Scene app



3
App notifies nearby First On Scene responders. First On Scene responders quickly arrive to perform CPR or pick up an AED



4
First On Scene responders deliver AEDs